

Housing Options Help Sheet: For people leaving hospital.

What you may need to do	What we may do
<ul style="list-style-type: none"> • Work with medical practitioners and care providers to ensure that your health needs are fully assessed and understood 	<ul style="list-style-type: none"> • We will liaise with medical practitioners and care providers to ensure that we fully understand your needs.
<ul style="list-style-type: none"> • Work with the Citizens Advice Bureau for advice on maximising your income (maybe claiming benefits or managing debt) & for legal advice on your rights 	<ul style="list-style-type: none"> • We can refer you to the Citizens Advice Bureau and Peabody support service. We can also advise you of Multi Agency working Groups who may be able to assist.
<ul style="list-style-type: none"> • Obtain advice on your eligibility for the Housing Register, 	<ul style="list-style-type: none"> • We can advise you on this and how you can get help in putting on an application if you are unable to complete it yourself
<ul style="list-style-type: none"> • If it is not possible to stay in your own home and you are not eligible for the housing register you need to start looking for privately rented accommodation and ask Housing Options about the Rent Deposit Guarantee Scheme. 	<ul style="list-style-type: none"> • We can assist you with finding privately rented accommodation by contacting Landlords on your behalf. We can discuss our rent Deposit Scheme with them.
<ul style="list-style-type: none"> • Consider if supported or sheltered accommodation may be beneficial for you 	<ul style="list-style-type: none"> • We can advise you of various schemes in the District.
<ul style="list-style-type: none"> • Find out about what other support is available from local charities/services. 	<ul style="list-style-type: none"> • We can signpost you to any relevant services .

Useful contacts	
<ul style="list-style-type: none"> • Citizens Advice Bureau (Uttlesford CAB) Web: http://www.uttlesfordcab.org.uk/ Call: 01799 618840 Email: bureau@uttlesfordcab.cabnet.org.uk • Civil Legal Advice (CLA) Web: www.gov.uk/civil-legal-advice Call: 0345 345 4 345 • Peabody Trust Essex Floating Support Service - Uttlesford Call: 0800 288 8883 • Universal Credit Web: gov.uk/apply-universal-credit Call: 0800 328 5644 	<ul style="list-style-type: none"> • Samaritans Web: samaritans.org Call: 116 123 Email: jo@samaritans.org • Shelter Web: www.shelter.org.uk Call: 0808 800 4444 • Turn2Us Web: www.turn2us.org.uk Call: Uttlesford CAB on 01799 618840 • Uttlesford District Council Web: www.uttlesford.gov.uk Call: 01799 510510 Email: uconnect@uttlesford.gov.uk